

February Pool Schedule

2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 TPM- 6:00 am – 8:00 am Open Swim- 8:00 am- 6:30pm & 7:00-8:00 pm BSS- 4:00pm-7:00pm SASCo 6:30-8:00pm	2 FFH- 6:00 am -8:00 am Open Swim 8:00am – 8:00 pm PEAQ- 6:30-8:00pm	3 TPM- 6:00 am – 8:00 am Open Swim- 8:00 am- 6:30pm & 7:00-8:00 pm BSS- 4:00pm-7:00pm SASCo 6:30-8:00pm	4 FFH- 6:00 am -8:00 am Open Swim 8:00am – 8:00 pm PEAQ- 6:30-8:00pm	5 TPM-6:00 am – 8:00 am Open Swim 8:00am – 2:00 pm BSS- 4:00 pm – 8:00 pm SASC- 6:00 pm-8:00 pm	6 SASC – 8:00-10:00am BSS – 9:00am – 12:00 pm Open Swim- 12:00pm-4:00pm
7	8 TPM- 6:00 am – 8:00 am Open Swim- 8:00 am- 6:30pm & 7:00-8:00 pm BSS- 4:00pm-7:00pm SASCo 6:30-8:00pm	9 FFH- 6:00-8:00 am Open Swim- 8:00am-10:30am Aqua Fit 11-12 & 5:30-6:30 Open Swim 12:30-8:00 pm PEAQ – 6:30-8:00 PM	10 TPM- 6:00 am – 8:00 am Open Swim- 8:00 am- 6:30pm & 7:00-8:00 pm BSS- 4:00pm-7:00pm SASCo 6:30-8:00pm	11 FFH- 6:00-8:00 am Open Swim- 8:00am-10:30am Aqua Fit 11-12 & 5:30-6:30 Open Swim 12:30-8:00 pm PEAQ – 6:30-8:00 PM	12 TPM-6:00 am – 8:00 am Open Swim 8:00am – 2:00 pm BSS- 4:00 pm – 8:00 pm SASC- 6:00 pm-8:00 pm	13 SASC – 8:00-10:00am BSS – 9:00am – 12:00 pm Open Swim- 12:00pm-4:00pm
14	15 Closed	16 FFH- 6:00-8:00 am Open Swim- 8:00am-10:30am Aqua Fit 11-12 & 5:30-6:30 Open Swim 12:30-8:00 pm PEAQ – 6:30-8:00 PM	17 TPM- 6:00 am – 8:00 am Open Swim- 8:00 am- 6:30pm & 7:00-8:00 pm BSS- 4:00pm-7:00pm SASCo 6:30-8:00pm	18 FFH- 6:00-8:00 am Open Swim- 8:00am-10:30am Aqua Fit 11-12 & 5:30-6:30 Open Swim 12:30-8:00 pm PEAQ – 6:30-8:00 PM	19 TPM-6:00 am – 8:00 am Open Swim 8:00am – 2:00 pm BSS- 4:00 pm – 8:00 pm SASC- 6:00 pm-8:00 pm	20 SASC – 8:00-10:00am BSS – 9:00am – 12:00 pm Open Swim- 12:00pm-4:00pm
21	22 TPM- 6:00 am – 8:00 am Open Swim- 8:00 am- 6:30pm & 7:00-8:00 pm BSS- 4:00pm-7:00pm SASCo 6:30-8:00pm	23 FFH- 6:00-8:00 am Open Swim- 8:00am-10:30am Aqua Fit 11-12 & 5:30-6:30 Open Swim 12:30-8:00 pm PEAQ – 6:30-8:00 PM	24 TPM- 6:00 am – 8:00 am Open Swim- 8:00 am- 6:30pm & 7:00-8:00 pm BSS- 4:00pm-7:00pm SASCo 6:30-8:00pm	25 FFH- 6:00-8:00 am Open Swim- 8:00am-10:30am Aqua Fit 11-12 & 5:30-6:30 Open Swim 12:30-8:00 pm PEAQ – 6:30-8:00 PM	26 TPM-6:00 am – 8:00 am Open Swim 8:00am – 2:00 pm BSS- 4:00 pm – 8:00 pm SASC- 6:00 pm-8:00 pm	27 SASC – 8:00-10:00am BSS – 9:00am – 12:00 pm Open Swim- 12:00pm-4:00pm
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THE KINGSLEY ASSOCIATION

PROGRAM SCHEDULE FOR FEBRUARY 2021

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>8:00 am – 8:00 pm 3rd Floor Fitness Room</p> <p>10:30 am – 12:00 pm SilverSneakers CARDIO/M.S.R.O.M. <i>Chris Howard</i></p>	<p>8:00 am – 8:00 pm 3rd Floor Fitness Room</p> <p>10:00 -11:00 Gentle Yoga <i>Debra Gloster</i></p> <p>5:30 pm – 6:30 pm Body Toning <i>Troy McCune</i></p>	<p>8:00 am – 8:00 pm 3rd Floor Fitness Room</p> <p>10:30 am – 12:00 pm SilverSneakers CARDIO/M.S.R.O.M. <i>Chris Howard</i></p>	<p>8:00 am – 8:00 pm 3rd Floor Fitness Room</p> <p>10:15 am – 11:15 am Movement - Matters-Seniors <i>Gia Cacalano</i></p> <p>5:30 pm – 6:30 pm Body Toning <i>Troy McCune</i></p>	<p>8:00 am – 8:00 pm 3rd Floor Fitness Room</p>	<p>9:00am – 4:00 pm 3rd Floor Fitness Room</p>