

# The Kingsley Association's DECEMBER 2025 | Program Schedule

Activity/Class	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Pickle Ball (Gym)	8am-10am	8am-10:45am	8am-10am	8am-10:45am	8am-10am	
JP Gym Time	10am-11am	10am-11am	10am-11am	10am-11am	10am-11am	
Rhythmic Movement w/ Cristina Josephson	12:45pm-1:45pm		12:45pm-1:45pm		W/ Chair Session 12:00pm-1:00pm	
N-Motion Line Dancing (Tonette Stewart) (Yoga Studio)		11:30am-1:30pm		11:30am-1:30pm		
M.S.S.P. Chris Howard	11:30am-12:30pm		11:30am-12:30pm			
Pilates		5:30pm-6:15pm (Mat)			5:15pm-6pm (Mat Beginner)	9:30am (Reformer) 10:30am (Mat Sculpting)
Senior Fun Day			2:00pm - 3:30pm			
IGIA-Movement for Health		10:15am-11:15am (Chair)		10:15am-11:15am (Chair) 11:30am-12:30pm (Mat)		10am-11am
Giant Eagle Mobile Market	1pm-2:30pm					
Yoga w/ Debra				10am-11am		
Water Aerobics				11am-12pm		
Teen L.E.A.D.	4-6pm		4-6pm	4-6pm		

**PLEASE NOTE:**

**KINGSLEY WILL BE CLOSED DECEMBER 24-26 & DECEMBER 31-JANUARY 2 FOR THE HOLIDAYS.**

# December 2025

## Pool Schedule Week 1

	Monday 12/01/25		Tuesday 12/02/25		Wednesday 12/03/25		Thursday 12/04/25		Friday 12/05/25		Saturday 12/06/25	
6:00											Central Catholic Swim Team (Full Rental)	
7:00												
8:00												
9:00												
10:00												
11:00												
12:00			PIVOT Physical Therapy			PIVOT Physical Therapy						
1:00												
2:00												
3:00												
4:00	Ellis Swim Team (Half Rental)		Ellis Swim Team (Full Rental)		Ellis Swim Team (Half Rental)	British Swim School (Half Rental)	Ellis Swim Team (Full Rental)		British Swim School (Half Rental)			
5:00												
6:00	Central (Half Rental)		Central Catholic Swim Team (Full Rental)		Central (Half Rental)							
7:00												
8:00												

**NOTE:** Each day is split into 2 columns. If both columns are full, then the entire pool is full.

# December 2025

## Pool Schedule Week 2

	Monday 12/08/25		Tuesday 12/09/25		Wednesday 12/10/25		Thursday 12/11/25		Friday 12/12/25		Saturday 12/13/25	
6:00									Central Catholic Swim Team (Full Rental)			
7:00												
8:00											British Swim School (Half Rental)	
9:00												
10:00												
11:00							Water Aerobics					
12:00			PIVOT Physical Therapy				PIVOT Physical Therapy					
1:00												(Winter) Summer Pool Party Fundraiser!
2:00	Staff Meeting (Pool Closed)											
3:00												
4:00	Ellis Swim Team (Half Rental)		Ellis Swim Team (Full Rental)		Ellis Swim Team (Half Rental)	British Swim School (Half Rental)	Ellis Swim Team (Full Rental)		British Swim School (Half Rental)			
5:00												
6:00	Central (Half Rental)		Central Catholic Swim Team (Full Rental)		Central (Half Rental)		Central Catholic Swim Team (Full Rental)					
7:00												
8:00												

**NOTE: Each day is split into 2 columns. If both columns are full, then the entire pool is full.**



# December 2025

## Pool Schedule Week 3

	Monday 12/15/25		Tuesday 12/16/25		Wednesday 12/17/25		Thursday 12/18/25		Friday 12/19/25		Saturday 12/20/25	
6:00									Central Catholic Swim Team (Full Rental)			
7:00												
8:00											British Swim School (Half Rental)	
9:00												
10:00												
11:00							Water Aerobics					
12:00			PIVOT Physical Therapy				PIVOT Physical Therapy					
1:00												
2:00												
3:00									CLOSED FOR HOLIDAY PARTY			
4:00	Ellis Swim Team (Half Rental)				Ellis Swim Team (Half Rental)	British Swim School (Half Rental)	Ellis Swim Team (Full Rental)				British Swim School (Half Rental)	
5:00												
6:00			Central Catholic Swim Team (Full Rental)		Central (Half Rental)	British Swim School (Half Rental)	Central Catholic Swim Team (Full Rental)		British Swim School (Half Rental)			
7:00												
8:00												

**NOTE:** Each day is split into 2 columns. If both columns are full, then the entire pool is full.

# December 2025

## Pool Schedule Week 4

	Monday 12/22/25		Tuesday 12/23/25		Wednesday 12/24/25	Thursday 12/25/25	Friday 12/26/25	Saturday 12/27/25	
6:00							Central Catholic Swim Team (Full Rental)		
7:00									
8:00					CLOSED	CLOSED	Closed	British Swim School (Half Rental)	
9:00									
10:00									
11:00									
12:00			PIVOT Physical Therapy						
1:00									
2:00									
3:00									
4:00									
5:00									
6:00	Central (Half Rental)		Central Catholic Swim Team (Full Rental)		CLOSED	CLOSED	Closed		
7:00									
8:00									

**NOTE:** Each day is split into 2 columns. If both columns are full, then the entire pool is full.



# Dec/Jan 2025 Pool Schedule

	Monday 12/29/25		Tuesday 12/30/25		Wednesday 12/31/25		Thursday 1/1/26		Friday 1/2/26		Saturday 1/3/26	
6:00									Central Catholic Swim Team (Full Rental)			
7:00												
8:00					CLOSED		CLOSED		CLOSED		British Swim School (Half Rental)	
9:00												
10:00												
11:00												
12:00			PIVOT Physical Therapy									
1:00												
2:00												
3:00												
4:00												
5:00												
6:00	Central (Half Rental)		Central Catholic Swim Team (Full Rental)		Central (Half Rental)							
7:00												
8:00												

**NOTE: Each day is split into 2 columns. If both columns are full, then the entire pool is full.**